

# NAMES OF THE *Holy Spirit*



One of my deepest, richest joys has been discovering by experience who the Holy Spirit is in every step of my life's journey. Each name that He has been given—Helper, Comforter, Advocate, Intercessor, Counselor, Strengthener, and Standby—reveals another aspect of His beautiful character and has provoked in me a deep love for the One who is my constant companion . . . Jesus in me.

*~Anne Graham Lotz, Jesus in Me:  
Experiencing the Holy Spirit as a  
Constant Companion*



*But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper (Comforter, Advocate, Intercessor-Counselor, Strengthener, Standby) will not come to you; but if I go, I will send Him (The Holy Spirit) to you [to be in close fellowship with you]. -  
John 16:7 (Amplified)*

**HELPER** – “The Lord is my helper; I will not be afraid. What can mere mortals do to me?”

(Hebrews 13:6). Elmer Towns calls this “Jesus’ favorite name for the Holy Spirit.”<sup>1</sup>

**COMFORTER** – “...the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves received from God” (2 Corinthians 1:4).

**ADVOCATE** – “The duty of an advocate is to stand by the person and/or the principles that he or she supports. One legal phrase used today to describe an advocate is “a friend of the court.”<sup>2</sup>

**INTERCESSOR** – “Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting” (Psalm 139:23-24).

**COUNSELOR** – “One of the functions of this One called alongside to help is to encourage the discouraged and comfort the sorrowing.”<sup>3</sup>  
Solomon prayed, “Give me wisdom and knowledge, that I may lead this people...”  
(2 Chronicles 1:10).

**STRENGTHENER** – “...for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong” (2 Corinthians 12:10).

**STANDBY** – “God is our refuge and strength, and ever-present help in trouble” (Psalm 46:1).

“The... names of the Holy Spirit remind us that God’s provision in salvation is complete. The Father has packed complete provisions for every emergency on life’s journey.”<sup>4</sup>

<sup>1</sup> Elmer L. Towns,  
The Ultimate Guide to the Names of God  
(Baker Publishing Group, Kindle Edition), p. 6

<sup>2</sup> Ibid., p. 195.

<sup>3</sup> Ibid., p. 184.

<sup>4</sup> Ibid., p. 276.

